

## **Life of an Introvert**

Being an introvert is now a problem for whatever big step you are going to take in your life. But why, it is also a character, why should they change themselves for every action they are going to do.

Yes, I am an introvert, I like to be alone and spend time with me, but why do people see us only through their perception that we are not enjoying our life. We do enjoy our life, I enjoy my day by spending time for myself, I do have friends who will take time to talk with me and make me speak. Just because we are not speaking out it doesn't mean we are inexpressive; we express ourselves to our close ones, but not with everyone. But why am I being so defensive, every time I pad up myself for interviews, the first thing I hear is speaking a lot, they won't prefer introverts for these kinds of roles. Whenever I hear this, I then think if this world is only for extroverts, who are comfortable speaking with everyone every time, and not for us?

If the world discourages for being who you are, then what is the point of being genuine in life. The pattern of living can't be changed for others who think we will be happy doing things how they expect to. A small walk and solo bike drive give me immense pleasure for the day, but for others it may even look like am worried and confused about others.

Everything in life is about how we see, if we think we are happy, yes, we tend to smile, but if you think you are not happy because you are not like the rest, you end up digging your own grave. We have our own life, and we need not worry about others, and hence not be ourselves and lose our identity. If you are an extrovert, please let your friends know that you are there for them in any situation and make them feel your presence, that's how the world is equally balanced, you are the person made to neutralise the introverts.

Being an introvert is not a problem but just normal, if you think who am I to tell all these, Yes am an introvert, who has undergone all these situations.

**Abhilash R**

*PGDM No. 18089*